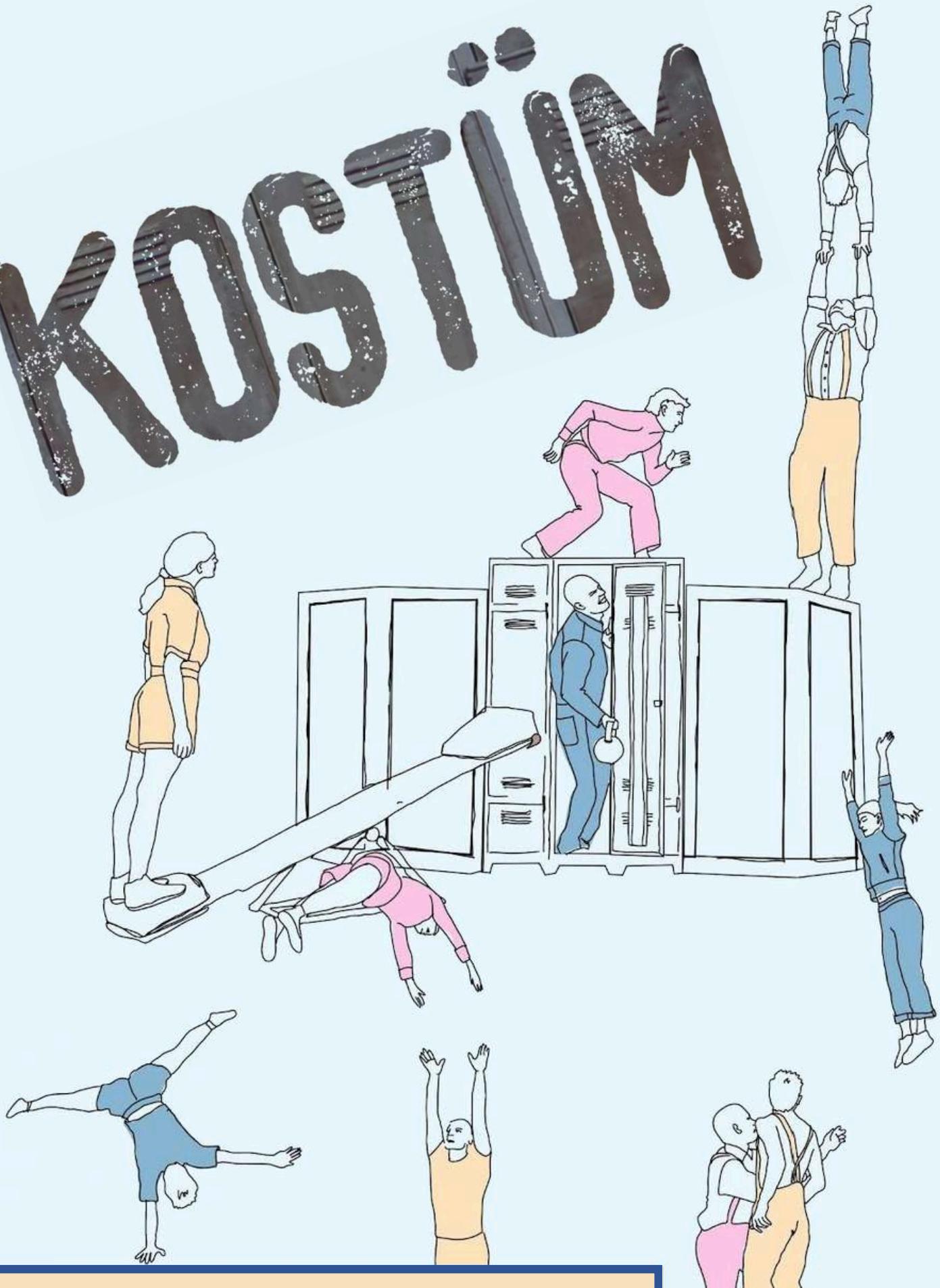


KOSTÜM



SHOW DOSSIER

Trio Les Triphasés

trio.triphases@gmail.com

Coproduction

Compagnie Gène et Tics

THE SHOW

A poetic and burlesque spectacle in which three characters embark you on an acrobatic journey where colours and imagination come to life.

20
50

MINUTES OF SURPRISES

suitable for everyone and all ages
outdoor and indoor performance possible

03

COSTUMES

from the office attire to the aerobic outfit, from the red robe to the blue overall, from some bare skin to a healthy dose of sparkle

CREATION 2023

CIRCUS ARTISTS

hand to hand, acrobatics, teeterboard, object manipulation, magic and a good dose of humour



THE UNIVERSE

You are in their world
in their reality
they are here for you
pompous and enthusiastic
ready to show you their talents
their fears masked by the glitter
the show can begin!

A cravat emerges and they're all dressed up
prepared to defy the laws of gravity
to dance in the midst of this colourful path
these three characters, so different
united in humour, tenderness and poetry





Our trio came to life in 2021 at the Regional Centre for Circus Arts in Lomme, where we specialised in partner acrobatics and the Hungarian teeterboard.

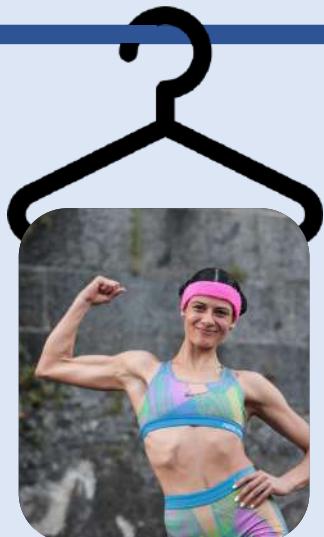
During our three years of training, we were mentored by Mahmoud LOURTANI and Abdeliazide SENHADJI, who shared with us their knowledge and extensive experience in these disciplines.

Our differences highlight the originality of this trio: Nina is the flyer, Janosch is the base, and Benjamin acts as the link between the two – sometimes carrying, sometimes in the air.

On stage, we choose to showcase our acrobatic skills with humour, rhythm and poetry. A joyful mix, an electrifying tension that defines us perfectly: Les Triphasés!

THE TRIO

THE TEAM

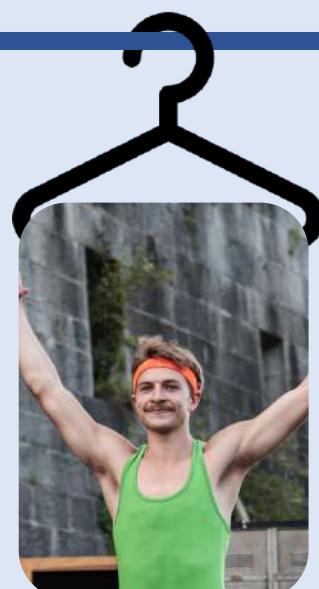


Nina THIBAULT

Nina has been involved in the circus world since she was a child. She joined the circus option at Die and continued her training in 2017 at the national circus school in Châtellerault, where she specialised in dance trapeze. When she entered Arc en cirque in 2019, a preparatory school in Chambéry, she specialised in acrobatic duo with Benjamin. She then joined the Lomme regional circus arts centre in 2021, specialising in partner acrobatics and hungarian teeterboard as a flyer. Nina is always interested in acrobatics and dance.

Benjamin GODFROY

He begins his training with Nina at the circus school in Die. In 2019, he joined the Arc en cirque preparatory training course in Chambéry, with Chinese pole as his main discipline. He then specialised in acrobatic duo with Nina. In 2021, he joined the regional circus arts centre in Lomme, specialising in partner acrobatics and hungarian teeterboard as the middle base in the trio. Benjamin adds a great deal of theatrical flair to his technique and takes a keen interest in other acrobatic disciplines.

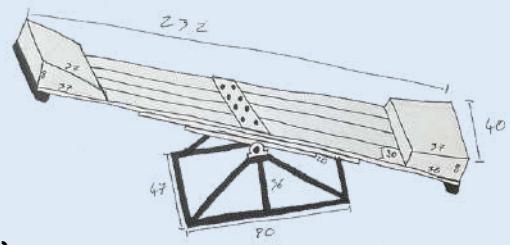


Janosch JÖTTEN



Before embarking on his journey into the world of the circus, he finished his sports studies in Germany, where he had his first encounters with acrobatics. After a period of learning through training courses and acrobatic conventions, he joined the artistic training programme at the Centre Régional des Arts du Cirque de Lomme as a base in a trio with Nina and Benjamin. When he's not carrying his partners on his shoulders, you're likely to find him with an instrument in his hands and a song in his head.

TECHNICAL INFORMATION



Type of performance setting

- outside in daytime / night (outside light plot on demand)
- inside non dedicated spaces (gymnasium, multi-purpose hall)
- theatre / circus tent (we will arrive with our light technician)

Space requirements

- Ground: flat, leveled, hard and smooth surface. Important requirements for the safety of the artists performing with the teeterboard!
- Minimum dimensions: 10m x 10m (not including audience)
- Height: minimum 6m of clearance over the whole stage area
- Ideally close to the audience, the show performs well in a frontal/slightly open set-up

Provided by the organisator

- sound system adapted to the space and the estimated audience, DMX or Mini-Jack connection at the back of the stage area
- 1 16A/220 volts connection close to the stage area
- dressing room available 3h before show time with water access and toilets, close to stage area
- Parking spot for our van

Time schedule (outside performance, no lights)

- Set-Up and Warm-Up on stage area: t-minus 3 h
- Show: 50 minutes
- Take-Down: 40 minutes minimum

Logistics

- The show and the team travels with one van
- 3 persons on tour (1 double and 1 simple room)
- For indoor performances with a full light set-up we will also be accompanied by our light technician

Contact Technical/Diffusion
Janosch +33769322632

TEASER



Circus in the Cave
| Graz (Austria)



Festival des 7 collines | Saint-Etienne (France)



Festival Strabilio | Anfo (Italy)



Festival Mugabe | Urrugne (France)

